AWAKENING vrs MADNESS

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"... An Afrikan Soul On The Edge Of Awakening
- Not Madness, But Memory Reborn"
~ TƆGBƐŊLƆ AMLIMA MAWUVI
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Abstract:

“When ***the soul*** begins to see what ***the eyes*** have been trained to ignore, the world calls it madness. But the ancestors call it ***awakening***.”

In a world blind to the spiritual, those who awaken are often called "mad", spiritual insight dismissed as delusion and *ancient memory labelled hallucination*. This is making many sacred souls to find themselves caught in a confusing tug-of-war between madness and awakening. But what truly separates a spiritual awakening from psychological breakdown?

This article explores the ancient wisdom behind that question, revealing the difference between awakening and madness from both spiritual and traditional Afrikan perspectives.

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1 Madness is Disconnection. Awakening is Deep Connection

Madness fragments you — it disconnects you from self, from people, from meaning.

Awakening weaves you back into the ancestral web — suddenly, trees speak, rivers whisper, and your spirit remembers names you've never been told.

In awakening, you become deeply connected — to your soul, to Nature, and to the Invisible Order guiding all things. You may appear strange, but you are not broken... you are rejoining the whole.

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2 Madness is Random. Awakening has Sacred Pattern

While madness spirals into chaos with no structure, awakening follows a divine rhythm.

Even the pain, the isolation, the breakdowns — they are initiations, thresholds into higher understanding.

Awakening doesn’t leave you shattered without meaning — it breaks you open for the sacred to pour in.

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3 Madness Consumes. Awakening Transforms

Yes, both may involve intense dreams, voices, or visions. But the energy is different.

Madness drains life force. Awakening activates life force.

When you are awakening, you don't feel lost forever. You are shedding. Releasing.

The fire is not for your destruction — it is your rebirth.

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4 Madness is Ego Lost. Awakening is Ego Dissolving

In madness, the ego loses grip and fragments — spiraling without direction.

In awakening, the ego is gently or fiercely dissolved so your true self can emerge.

That "loss of identity" isn't the end. It's the beginning of remembering who you were before the world told you who to be.

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5 Madness Fears the Unknown. Awakening Embraces It

Fear dominates madness — fear of voices, fear of isolation, fear of losing "sanity."

But in awakening, while fear may arise, it is met with courage. You begin to dance with mystery, trusting unseen forces.

You may hear voices — but some are your ancestors.

You may feel eyes watching — but some are guides.

You are not losing your mind. You are gaining your multi-dimensional sight.

🍗🤔 So how do you know which path you're on?

Simple!

1. If your experience leads you back to yourself, back to Nature, back to Source... you are awakening.
2. If your experience isolates you from all harmony and drains you into despair without growth — seek help. But even then, don't let the system silence your sacred fire.

Not all madness is madness. Some is misdiagnosed memory returning.

And not all silence is peace — sometimes it's suppression.

💪🔥 You are not crazy. You are sacred

Many ancestors were silenced, locked up, even killed — not because they were mad, but because they saw beyond the veil.

And now, you are awakening in their name.

So don't be afraid when you walk through the fire.

It's not to burn you.

It's to uncover the gold buried within.

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✍ **Author's Note**

"...don't be afraid when you walk through the fire.
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